Seasonal influenza activity in the United States remains low.
0.1% of specimens from clinical laboratories tested positive for influenza this week.
1.4% of visits to a health care provider were for influenza-like illness (ILI). ILI remains below the national baseline of 2.6%.
14.7% of deaths were attributed to pneumonia, influenza, or COVID-19.
No influenza-associated pediatric deaths were reported to CDC during week 2. A total of one influenza-associated pediatric death occurring during the 2020-2021 season has been reported to CDC.
Covid-19 Has Nearly Wiped Out the Flu—How Do We Keep It From Coming Back? Wall Street Journal

Influenza, usually raging throughout the Northern Hemisphere this time of year, has become virtually invisible. If flu can be nearly wiped out this season, why not every season? Which steps help the most to stop the flu from spreading?

The WHO says the measures people and governments are taking to prevent the spread of Covid-19, such as wearing masks and limiting public gatherings, have probably helped keep the flu in check. Increased flu vaccination rates may also be contributing, it says. Another hypothesis holds that the broad spread of SARS-CoV-2, the virus that causes Covid-19, in countries like the U.S. may play a role in blocking the flu by lifting people’s immunity against other viruses. One study in the spring of 2020 in New York City found that people testing positive for SARS-CoV-2 were far less likely to be carrying other common viruses such as influenza viruses.

Administering Flu Vaccines During the COVID-19 Pandemic; CDC

COVID-19 vaccines should be administered alone, with a minimum interval of 14 days before or after administration of any other vaccines, including influenza vaccines. This is because of a lack of data on safety and effectiveness of COVID-19 vaccine administered simultaneously with other vaccines. If COVID-19 vaccine is inadvertently administered within 14 days of another vaccine, doses do not need to be repeated for either vaccine.

FAQs: Does the Flu Vaccine Work? Insights on Influenza

One common misconception about the flu vaccine is that it doesn’t work – some think that it can even cause the flu! In this post, we’ll answer common questions about the flu shot from our Facebook and Twitter communities. Read our latest blog post to keep up on the scientific evidence about flu and flu vaccination.
It’s January. Is it too late to get a flu shot?; Staten Island Live

Getting the flu vaccine will protect you and your community, and allow the health-care system to focus all of its resources on helping coronavirus patients. Those who catch the flu and COVID-19 at the same time risk very serious respiratory complications, including pneumonia, requiring extended care, even intensive care hospitalization.

If a person gets the COVID-19 vaccine, they should wait at least 14 days before getting any other vaccine, including flu.

Weekly National Flu Vaccination Dashboard; CDC

CDC’s Immunization Services Division (ISD) has developed this new Weekly National Influenza Vaccination Dashboard to share some preliminary, within-season, weekly influenza vaccination data and coverage estimates using existing and new data sources. Highlights include:

- As of January 2, 2021, influenza vaccination coverage for children 6 months–17 years is 52.4% - still 17.6% below the Healthy People target of 70%.
- Childhood vaccination rates among White, non-Hispanic children are 12 percentage points higher than among Black, non-Hispanic children and 5 percentage points higher than among Hispanic children.
Updates & Announcements

NEW Educational Comic Books

Families Fighting Flu, in collaboration with Sanofi Pasteur and the National Association for Pediatric Nurse Practitioners is excited to announce two new flu educational materials. These comic books that feature our family stories are available for immediate download to learn about flu in children and flu in adolescents.

Learn how flu affects adolescents.
Madi’s Story: Flu Vaccine 101
You Won’t Want to Miss This Class!

Download

CDC Announces New Flu ChatBot

The CDC has worked with Microsoft to launch a new interactive feature on their website called the Flu ChatBot that answers common questions about flu and flu vaccines. It's currently in the pilot phase and the goal is to help users get flu-related information from CDC's website quickly and easily. Check it out here!

NEW State Legislation Tracker
Our friends at **Vaccinate Your Family** recently launched a state legislation tracker! Please [click here](http://vaccinateyourfamily.com) to view it on their website. It will be updated each morning with any new bills as well as any progress on existing ones. They also have a link below the map that allows people to **reach out directly** to their state legislators to support immunizations.

![US Map with state borders and links for legislation tracking](http://vaccinateyourfamily.com)

### NEW 2 Protects 2 Educational Program

**NEW 2 Protects 2** is a collaborative educational program between Families Fighting Flu and the **Partnership for Maternal and Child Health of Northern New Jersey** aimed at increasing public awareness about the importance of influenza (flu) and pertussis (whooping cough) vaccinations for pregnant women, especially among African American and Latina populations. Download and share our educational materials and social media graphics, available in both English and Spanish!

![NEW 2 Protects 2 Logo](http://new2protects2.com)

**Vaccines Are Effective**

**Vaccination Benefits for Mom:**

- Reduces the risk of flu-associated respiratory infection by **~50%**
- Reduces the risk of flu-related hospitalization by **40%**

![Vaccines Are Effective Logo](http://vaccinesareeffective.com)

### Promote Flu Awareness on Social Media

Looking to promote flu awareness on your social media channels? Check out our suite of social media graphics on general flu prevention, flu complications, COVID-19, and more [here](http://socialmediagraphics.com)! Immediately download any of our graphics for use on Instagram, Twitter, Facebook, and LinkedIn.
Read our latest *Insights on Influenza* Blog Posts

Our blog features a variety of flu-related topics, such as flu news & surveillance, science & research, expert commentary, and advocacy. Our newest blog discusses FAQs about COVID-19 and flu. We publish a new blog every two weeks so bookmark this [webpage](#) to stay up to date!

Spanish Resources

Take advantage of our new Spanish educational materials! Visit our website to view and download our [Spanish educational materials](#) today.
Become a Flu Champion

Do you want to make a difference in your community? Are you interested in flu education and advocacy? Become a Flu Champion to help inform others about the seriousness of flu and the importance of flu prevention, diagnosis, and treatment.

Our Contact Information
*{{Organization Name}}*
*{{Organization Address}}*
*{{Organization Phone}}*
*{{Organization Website}}*
*{{Unsubscribe}}*
Support Families Fighting Flu
When you shop at smile.amazon.com, Amazon donates.
Go to smile.amazon.com