

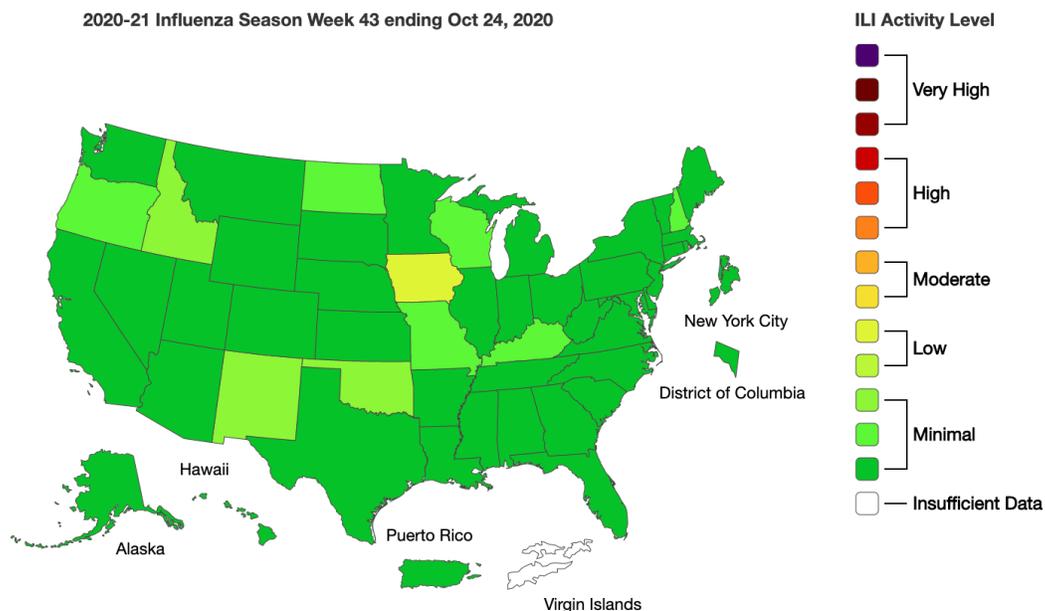


Weekly Flu News



CDC: Weekly Influenza Surveillance Report - Week 43, ending October 24, 2020; [Centers for Disease Control and Prevention](#)

- Laboratory confirmed flu activity as reported by clinical laboratories is low.
- 0.2% of specimens from clinical laboratories tested positive for influenza this week.
- 1.2% of visits to a health care provider were for influenza-like illness (ILI). ILI remains below the national baseline of 2.6%.
- 8.2% of deaths were attributed to pneumonia, influenza, or COVID-19.
- No pediatric deaths have been reported for the 2020-2021 season. A total of 194 children died during the 2019-2020 season.





A Flu Shot Might Reduce Coronavirus Infections, Early Research Suggests; [Scientific American](#)

A study from the Netherlands shows that flu vaccination has potential benefits for preventing COVID-19. Hospital workers who received a flu vaccine were 39 percent less likely to test positive for the coronavirus as of June 1, 2020. While 2.23 percent of non-vaccinated employees tested positive, only 1.33 percent of vaccinated ones did. These findings do not prove that flu vaccines prevent COVID-19.



Small study shows patients with SARS-CoV-2, flu co-infection not worse off; [Healio](#)

A small study in New York found no difference in outcomes among patients with COVID-19 compared with patients who had both influenza and COVID-19. Researchers assessed the outcomes of 18 patients with influenza and COVID-19 in a case-control study. Given that this was a small study and both viruses can be deadly, it is still important to take precautions to prevent both influenza and COVID-19.



Flu Vaccines Are Safe: Here's Why; [Insights on Influenza](#)

Flu vaccines have a strong safety record and have been safely administered to hundreds of millions of people over the past 60+ years. Read our latest blog post to learn how to tell the difference between vaccine safety concerns and expected immune reactions to flu vaccination, the different ways that flu vaccine safety is monitored, and expected side effects post-vaccination.



How Does COVID-19 Spread Differently Than The Flu?; [Huffington Post](#)

This year, the Southern Hemisphere saw a historically inactive flu season with very low flu activity. The reason for this is that the two viruses are primarily spread in the same ways. Thanks to all the precautions in place for the coronavirus, the flu never really struck this year down under, compared to previous flu seasons.

One key difference between the two viruses is that there is more asymptomatic transmission for COVID-19. Approximately 40% to 50% of people infected with COVID-19 have no symptoms yet are contagious, and could be largely responsible for spreading the virus without knowing it.



72 Deaths in South Korea Not Tied to Recent Flu Vaccinations, Country Continuing With Inoculation Program; [Newsweek](#)

The Korea Disease Control and Prevention Agency (KDCA) said that 72 deaths following flu vaccinations in the country were not related to the inoculation program. Autopsies show that there was no direct link between the flu vaccination and deaths. The country does not plan to suspend its public immunization program and urges citizens to continue getting vaccinated.

Families Fighting Flu Updates

Check out our new suite of Spanish social media graphics [here!](#) Immediately download any of our graphics for use on Instagram, Twitter, Facebook, and LinkedIn.

¿QUIÉNES DEBEN VACUNARSE?



Todas las personas
mayores de 6 meses
de edad



Todos
los años

¡Vacunarse es la **mejor**
manera de prevenir la gripe!



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Comunicación esencial Preguntas frecuentes sobre la gripe y la vacuna antigripal

¿La vacuna antigripal puede causar gripe?

No puede enfermarse por la vacuna antigripal, pero puede experimentar efectos secundarios leves después de vacunarse, ya que el sistema inmunitario del cuerpo se prepara para luchar contra futuras infecciones de gripe.



¿Por qué debo vacunarme contra la gripe todos los años?

Existen muchas cepas diferentes (tipos de gripe) que pueden enfermarse a las personas y estas pueden cambiar de un año a otro a medida que los virus de la gripe evolucionan. Para adaptarse al cambio de las cepas circulantes de la gripe, las vacunas antigripales se modifican todos los años.

¿Por qué debería preocuparme por la gripe?

Cualquier persona puede verse afectada por la gripe sin importar su edad, estado de salud, sexo o estilo de vida. La gripe puede provocar rápidamente enfermedad y, en algunos casos, complicaciones potencialmente mortales.



Recuerde: No es "solo" gripe, es una enfermedad grave.

Need a reminder to get your annual flu vaccine? Text FIGHTFLU to 47177 to sign up for key flu and flu vaccine information to stay healthy this season!

TEXT:
FIGHTFLU
TO:
471-77

FAMILIES
FIGHTING FLU, INC.

471-77
FIGHTFLU
Thank you for joining Families Fighting Flu's reminder program to ensure you get your annual flu vaccine this flu season!

Make the Families Fighting Flu [Vaccination Promise!](#) Commit to getting your annual flu vaccine and sign your name on the Promise Wall.

Protect yourself, your family,
and your community.



Make the
**Families Fighting Flu
Vaccination Promise!**



Flu Champions

Are you interested in flu education and advocacy? Become a [Flu Champion](#) in your community to inform others about the seriousness of flu and the importance of flu prevention and treatment.

Symptom Survey

Have you or someone you care for had the flu? Please take the following survey to tell us:

- which symptoms you consider most important
- what a meaningful improvement looks like
- what recovery means to you and your family

You can access it [here](#) by using the password SymptomSurvey2020

Our Contact Information

{{Organization Name}}

{{Organization Address}}

{{Organization Phone}}

{{Organization Website}}

{{Unsubscribe}}



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