

**GRADES K-2**

# BE A FLU DETECTIVE

Find the Clues for Staying Healthy  
During Flu Season!

**Being sick is no fun!**

You miss out on playing with friends, going to the playground and other fun stuff because you feel icky.

**There are ways to stay healthy during flu season, beginning with getting the flu vaccine.**



## We need your help!

Are you ready to be a flu detective like Detective Dan?

Can you find all the ways to help keep you healthy during flu season? Circle the answers below.

**Getting a flu vaccine every year**

**Covering your mouth with a tissue when you cough**

**Eating healthy food**

**Staying up late**

**Getting enough sleep**

**Riding your bike**

**Sharing your food and drink with friends**

**Playing on the playground**

**Covering your nose with a tissue when you sneeze**

**Going over to your friend's house, even though you feel sick**

**Washing your hands with warm, soapy water or using hand sanitizer**

**Using someone else's sleeve to cover your nose and mouth**

## Great Job, Flu Detective!

Help your friends and family avoid getting sick by teaching them these important healthy habits!

**It's Not 'JUST' the Flu - It's a Serious Disease!**

**Get Your Flu Vaccine Today!**

**Learn more at [www.familiesfightingflu.org](http://www.familiesfightingflu.org)**

Detective Amy needs your help finding the healthy habits  
and getting to the park to see her friends!

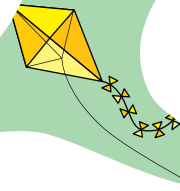
**CAN YOU HELP LEAD HER THERE?**  
**Be Careful of the Flu Germs!**



Activity 2

Detective  
Amy

Enter



Exit



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