In two studies, the flu and cardiovascular disease were shown to make adults:

~6-10X MORE LIKELY TO SUFFER A HEART ATTACK within the first 3-7 days after getting the flu\(^a,b\)

~8X MORE LIKELY TO SUFFER A FIRST STROKE in the first 3 days after getting the flu\(^c\)

The flu and diabetes may be associated with:

3X THE RISK OF HOSPITALIZATION
4X THE RISK OF ICU\(^d\) ADMISSION
2X THE RISK OF DEATH

Studies have shown the flu to be linked to major causes of hospitalization in adults 65+ including:

- PNEUMONIA & COPD\(^*\)
- HEART DISEASE
- STROKE

\(^a\) ~6X based on a study of 364 people.
\(^b\) ~10X based on a study of 1989 people.
\(^c\) ~8X based on a study of 1989 people.
\(^d\) ICU = Intensive care unit.
\(^\star\) COPD = Chronic obstructive pulmonary disease.
FLU FACTS AT 50+

KNOW THE POSITIVE IMPACT OF FLU VACCINATION

The flu vaccine is proven to be safe and effective.

There is a 0% CHANCE OF GETTING THE FLU FROM THE VACCINE
Each vaccine is made from killed flu viruses, live viruses that are changed so they cannot give you the flu, or no viruses at all

The CDC estimates MORE THAN 2.5 MILLION ADULTS 50+ WERE PROTECTED FROM THE FLU by the flu vaccine

The flu vaccine can help reduce the severity of the flu.

It is estimated that during the 2017-2018 flu season, VACCINATION HELPED PREVENT MORE THAN 7,600 FLU-RELATED DEATHS IN ADULTS 50+

It is estimated that the FLU VACCINATION HELPED PREVENT MORE THAN 84,000 HOSPITALIZATIONS IN ADULTS 50+

NOW IS THE TIME TO GET THE VACCINATION THAT’S RIGHT FOR YOU

Made possible through an educational collaboration with Sanofi Pasteur.

To learn more, visit www.familiesfightingflu.org