

GRADES K-2

BE A FLU DETECTIVE

Find the Clues for Staying Healthy During Flu Season!

Being sick is no fun!

You miss out on playing with friends, going to the playground and other fun stuff because you feel icky. **There are ways to stay healthy during flu season, beginning with getting the flu vaccine.**



We need your help!

Are you ready to be a flu detective like Detective Dan?

Can you find all the ways to help keep you healthy during flu season? Circle the answers below.

Getting a flu vaccine every year

Covering your mouth with a tissue when you cough

Eating healthy food

Staying up late

Getting enough sleep

Riding your bike

Sharing your food and drink with friends

Playing on the playground

Covering your nose with a tissue when you sneeze

Going over to your friend's house, even though you feel sick

Washing your hands with warm, soapy water or using hand sanitizer

Using someone else's sleeve to cover your nose and mouth

Great Job, Flu Detective!

Help your friends and family avoid getting sick by teaching them these important healthy habits!

It's Not 'JUST' the Flu - It's a Serious Disease!
Get Your Flu Vaccine Today!

www.preventchildhoodinfluenza.org/school

October 2015

Detective Amy needs your help finding the healthy habits and getting to the park to see her friends!



Activity 2

Detective Amy

CAN YOU HELP LEAD HER THERE?
Be Careful of the Flu Germs!



Enter

Exit

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