

Don't want the flu?

Here's what you can do.



1 Get a flu vaccine.

Everyone 6 months and older needs a flu vaccine every year. The flu is a serious disease that can kill, and you cannot get the flu from the flu vaccine.



2 Take flu symptoms seriously and get tested.

If the test is positive, your provider may prescribe medicine that can lessen flu symptoms and decrease the spread of flu.

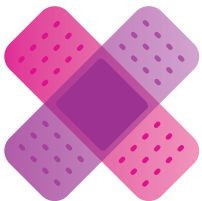


3 Wash hands often.



4 Stay home if you don't feel well

- except to go to the doctor or pharmacy.



5 Make sure to stay up to date on ALL vaccines.

To learn more, visit www.familiesfightingflu.org.



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FIGHTING FLU, INC.