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Growing Your Family?
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The CDC recommends children 6 months and older get a flu vaccine every year. Kids 2 and older may be eligible to get a mist vaccine rather than injection. Children under 9 who have not gotten the vaccine before should plan on two doses, four weeks apart.

Growing Your Family?

COVID-19 VACCINE
All eligible individuals, including children, should receive the recommended doses of COVID-19 vaccine.

www.familiesfightingflu.org