

Flu can be dangerous for children.

The best way to protect your child from this serious disease is to get an annual flu vaccination.

Emergency warning signs of flu symptoms in children

If your child becomes sick with the flu, his or her condition can easily deteriorate in a matter of hours. Keep an eye out for any of the following critical symptoms, as it could be a sign that he or she may be ill.

- High and prolonged fever (102 degree or above for more than 72 hours)
- Changes in mental condition, such as not waking up or not interacting; being so moody that the child does not want to be held; or seizures
- Bluish or gray skin color
- Drop in body temperature (hypothermia)
- Difficulty breathing
- Not able to take in the usual amount of fluids
- Flu-like symptoms improve but then return with fever or worse cough
- Worsening of underlying medical conditions (for example, heart or lung disease, diabetes)

If your child presents any of these symptoms, please seek medical attention right away.



About Families Fighting Flu

Families Fighting Flu is a national, nonprofit 501(c)(3) advocacy organization dedicated to protecting children, families, and communities against flu. Our organization includes families whose loved ones have suffered serious medical complications or died from flu, as well as other advocates and healthcare professionals committed to flu awareness and prevention.

In honor of our loved ones, we work to increase awareness about the seriousness of flu and the critical importance of annual flu vaccination for everyone six months and older.

For more information, please visit: www.familiesfightingflu.org

 @famfightflu

 Families Fighting Flu

 @familiesfightingflu

 Families Fighting Flu

 FamiliesFightingFlu


FAMILIES
FIGHTING FLU, INC.

STAY IN THE
GAME