

Once a year you need
new school supplies.



Once a year you need
a flu vaccine.

The flu changes from year to year, so if you got a vaccine last year, you still need to get vaccinated again this season. In fact, **everyone 6 months and older should get a flu vaccine every year** — even if you're healthy, because the flu can be serious for healthy young people, too.



Get the vaccine.
It's the best way to prevent the flu.

www.familiesfightingflu.org