Protect yourself and your baby from flu and whooping cough!

Healthcare professionals recommend two vaccines during pregnancy.

**FLU** vaccines can be given during any trimester on a yearly basis

**WHOOPING COUGH** vaccines should be given during every pregnancy between 27 - 36 weeks
Both flu and whooping cough vaccines have been well studied for safety in pregnant women.

Vaccination reduces the risk of whooping cough in babies by 78%

Vaccination reduces the risk of flu in babies by 64 - 81%

The ingredients in these vaccines are safe for both you and your baby.

For more information, visit www.familiesfightingflu.org and www.partnershipmch.org

Made possible through an educational grant from GlaxoSmithKline