Flu causes 140,000 - 810,000 hospitalizations and 12,000 - 61,000 deaths, including over 100 children, each year.

Most healthy adults can infect other people up to 7 days after becoming sick.

On average, 17 million work days and 38 million school days are missed every year as a result of the flu.

The flu can cost an individual an average of $130 in medical costs and $1,800 in lost wages.

To learn more, visit www.familiesfightingflu.org