

Once a year you need  
new school supplies.  
Once a year you need  
a flu vaccine.



The flu changes from year to year, so if you got a vaccine last year, you still need to get vaccinated again this season. In fact, **everyone 6 months and older should get a flu vaccine every year** — even if you're healthy, because the flu can be serious for healthy young people, too.



**Get the vaccine.**  
**It's the best way to prevent the flu.**

[www.familiesfightingflu.org](http://www.familiesfightingflu.org)